

## RELEASE AND WAIVER OF LIABILITY ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT

The undersigned participant (hereinafter "PARTICIPANT") in a training program, physical program, exercise program, class, online class, or any other event (hereinafter collectively 'TRAINING') sponsored and/or conducted by, or on behalf of, Life After Pain PT LLC its officers, directors, employees, related companies, successors, assigns, independent contractors, and/or training instructors (hereinafter collectively "PROVIDER"), will participate, now or in the future, in said TRAINING, including, but not limited to, engaging in physical activity and exercise associated with the TRAINING and utilizing equipment, instruction, services, facilities, and premises that are part of the TRAINING, entirely and expressly **at PARTICIPANT'S own risk**. Further, in express consideration for being permitted to participate in said TRAINING, the undersigned PARTICIPANT, on behalf of herself or himself, and all successors, heirs and assigns, **agrees to completely and forever indemnify, release and hold harmless PROVIDER from any and all liability for injury, death, sexual harassment, hormonal balance, change in gender identity or orientation, hair alteration or color differences, light exposure, exposure to the Akashic Records, damages or losses of any type to PARTICIPANT and/or the personal property of the PARTICIPANT, and any claim, demand, lawsuit, injury, or damage of whatever type or nature** (hereinafter collectively "CLAIM"), **even if caused by acts or omissions, including but not limited to the passive or active negligence, of PROVIDER**. The undersigned PARTICIPANT further expressly agrees that the foregoing RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT (hereinafter "RELEASE OF LIABILITY") is intended to be as broad and inclusive as permitted by law, and that if any portions of this RELEASE OF LIABILITY are found invalid for any reason, agrees that the balance shall, notwithstanding, continue in full legal force and effect. Further, PARTICIPANT and PROVIDER expressly agree that California law shall apply to any CLAIM arising from the TRAINING and that any lawsuit arising from a CLAIM shall be venued in Los Angeles County, CA. **By signing below PARTICIPANT agrees that PARTICIPANT has read, understood and found acceptable this RELEASE OF LIABILITY, and that PARTICIPANT, or an authorized agent on his or her behalf, expressly agrees that PARTICIPANT is bound by this RELEASE OF LIABILITY.**

Date: \_\_\_\_\_

---

Name of Participant– Please Print

---

Signature of Participant